

An Inter-Governmental Organization Promoting South-South Cooperation

# Summary Report on 2015 International Seminar on Healthy Ageing

20-22 October 2015

Nanjing, China

#### **Summary**

A 3 day 2015 International Seminar on Healthy Ageing was organized jointly by PPD with the assistance of its Global Ageing Commission on Ageing and National Health Family Planning Commission (NHFPC), Nanjing International Training Center and UNFPA China. The Seminar was inaugurated by Honorable Vice-Minister - Mr. Wang Pie' of NHFPC, Govt. of China. The seminar discussed about emerging issues pertaining to ageing and identified the areas to be addressed and ended with a field visit to the community response model for the elderly population in Nanjing, China. The characteristics of the community response model in Nanjing include one stop services; target oriented and well planned medical care; best use of available medical resources and easier steps of treatment that are more economical for both clients and hospitals. As an outcome of the seminar, the participants adopted "the Nanjing Statement on Healthy Ageing" on 23 October 2015 to be implemented with the technical support of the Commissioners of PPD Global Ageing Commissions which is included as **Annex A.** 

Presentations are available @

#### Some Pictures of the different Sessions are given below:

#### 1. Opening Ceremony







2. Session 1: Healthy Aging: Improving and Extending Quality of Life among Elderly People





## 3. Session 2: Strategic Leadership and Project Management in the Context of Healthy Aging





4. Session 3: Live Longer, Age Well: Physical Health Security Building for Elderly People





#### 5. Session 4: Psychological Health and Social Adaptability







# 6. Session 5: Adoption of Nanjing Ageing Statement





7. Commissioners Meeting 2015 and signing MoUs with Commissioners for conducting country survey on Healthy Ageing





# 8. Commissioners visit Government Hospital with Available Facilities for Elderly Population in Nanjing





# **Commissioners and Resource Persons Global Commission of Ageing 2015**

#### **Dr. Atef El-Shitany**

#### Head of FP&RH, EGYPT

Dr. Atef El Shitany is currently the Head of FP&RH services Sector at Ministry of health of Egypt. He was the Rapporteur of the National Population Council of Egypt. He has more than 30 years working in population, reproductive health and development. He is a medical doctor with a master degree of Public Health. He contributed in most of national efforts to make reproductive health and family planning services more accessible and to integrate population and development issues.



#### Mr. George Kichamu

## Director Technical Services, NCP, Kenya.

Mr. George Kichamu is a Director Technical Services, National Council for Population and Development, Nairobi, Kenya. He has a master's degree in Demography from the University of Nairobi. He has wide experience in policy development, research, and program monitoring and evaluation and policy advocacy. Since 2005, he has led training events in policy communication that has produced advocacy champions for the Kenyan



population program. He focuses on activities that advocate and seek political and financial support in Kenya for population and development programs. Mr Kichamu is currently undertaking a PHD degree at the Jomo Kenyatta University of Agriculture and Technology (JKUAT) in Kenya.

#### **Diarra Adama**

#### **Director of National Solidarity Fund**

Mr. Diarra Adama is actual Director of National Solidarity Fund.

Previously he carried out the following duties, Deputy Director of
National Tobacco Company, Minister of youth, President of Mali Red
Cross and so on. He has been Permanent Secretary of Ministers of
Social Development of West African Countries in the framework of
UNESCO program and also serving as PPD Partner Country Coordinator
in Mali.



He had got Master degree in public law at National school of Administration of Mali and has developed competencies in designing and management of programs particularly in the implementation and the management of action plans. He is Elected Mayor of the town of Kourouma with a constituency of 14,000.

#### **Timothy Ndubisi Menakaya**

#### Former minister of health federal republic of Nigeria

Dr. Timothy Ndubisi Menakayais a former minister of health federal republic of Nigeria. He qualified in medicine and surgery at the University of Bolgna, Italy in 1964 with an M.D degree.

He established his own hospital, Menax Hospital Onitsha from where he was appointed minister of health federal republic of Nigeria. He held the following appointments: chairman of tempo mills limited, chairman of tempo farms limited, chairman of board of Governors Dennis memorial grammar school Onitsha and many others.



Honors received: patron of private and general medical practitioners of Nigeria, Anambra government merit award for excellence and Dr Menakaya is a knight of St Christopher (KAC), justice of peace and so on.

#### **Prof. Monde Blessing Makiwane**

## Chief Research Specialist, (HSRC), South Africa

Monde is a Chief Research Specialist in the Human and Social Development (HSD) research programs of the Human Sciences Research Council (HSRC) in Pretoria, and a commissioner of the Global Commission on Aging in developing countries. He holds a Masters in Social Science in Sociology from the University of KwaZulu-Natal and a PhD in Demography from the University of the Witwatersrand. In addition, he has held two fellowships: one at Harvard University and another at the University of Pennsylvania. His areas of research interest include: ageing, intergenerational relations, social security and migration.



#### Dr. Pham Vu Hoang

Director of Center for Population Research, Information and Database (CPRID), Ministry of Health, Vietnam.

Dr. Pham Vu Hoang is Director of Center for Population Research, Information and Database (CPRID), General Office for Population and Family Planning (GOPFP), Ministry of Health (MOH) in Vietnam. In 2013, he received the PhD from National Economic University, Vietnam.

For the last 17 years, he has worked at CPRID of National Commission

for Population and Family Planning (NCPFP). He has intense knowledge and experiences in population science and this is especially in Data Processing, Statistics, Information System, Monitoring and Evaluate (M&E). He has 4 books on ageing, population and family planning to his credit. In 2013, he was officially nominated for the Commissioner for the Global Commission on Ageing in Developing Countries.

#### Prof. Stephen O. Kwankye

#### Associate Professor, University of Ghana

Prof. Stephen O. Kwankye is an Associate Professor of the Regional Institute for Population Studies (RIPS) at the University of Ghana. He holds PhD in Population Studies with specialisation in adolescent sexual and reproductive health issues. He was the Acting Director of RIPS during 2001-2006 and in 2011-2014, worked to the National Population Council (NPC) as the Executive Director. He is currently working with a team of consultants to revise the 1994 Revised Population Policy of Ghana. His research interests are in adolescent sexual and reproductive health, migration especially independent child migration, fertility,



population and development interrelationships, demographic data collection and recently ageing populations. He has published widely in these areas of research interest.

#### Mujahed Ahmed Al-Sha'ab

## Director, National Population Council, Republic of Yemen.

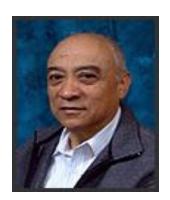
Mujahed Ahmed Al-Sha'ab is working as G. Director of Population Information Education and Communication Department of National Population Council and Technical Secretariat at Republic of Yemen. He used to be Head of Population Section in Population Studies and Research Center in 1990. He almost participated in all important scientific and awareness population events, occurred in Yemen and also worked closely with experts and specialists in all steps of preparation and updating the National Population Policy, Action plan and National Population IEC Strategy in 1991, 1996, 2001, 2005 and 2007. Mujahed had Master degrees in Demography from University of Tunis in 1991, and Population and Development Diploma from Cairo Demographic Center in 1994.



#### Roberto Ham Chande,

#### Professor, Mexico.

Mr. Roberto Ham Chande is a Professor of Department of Population Studies, COLEF and Former actuary in a Mexican Institute of Social Security, also visiting researcher in different international institutes. He holds a PhD in Demography from the University of Paris X Nanterre. He received Demography National



Award 2009 from the Presidency of Mexico. He has over100 publications. He has published, among others, Crossroads, prospects and proposals for Social Security in Mexico (2012), sociodemographic diagnosis of aging in Mexico (co-author, 2011), Aging in Developing Countries: Building Bridges for Integrated research agendas (coauthor, 2009) and aging in Mexico: the next challenge of demographic transition (2003).

# ABDUL GAFFAR Director General, Pakistan

Mr. Abdul Gaffar is the Director General of Federal Public Service Commission (FPSC), Islamabad. He completed Post Graduate Diploma in Population and Development from the University of Botswana in 1997, Master of Arts in Development Studies ISS, the Hague in 1990-91. He was the Deputy Managing Director in the Inter



Provincial Coordination (IPC) of Islamabad. His duty to revolve around providing the secretariat support to the Commission, ensuring implementation of its decisions, handling public and personnel grievances and looking after overall administrative, logistics and financial matters.

#### Dr. CAI Fei

#### Director, Division of Family Development, China.

Dr. CAI Fei is currently the director of the Division of Family Development in the Department of Family Development of National Health and Family Planning Commission (NHFPC), People's Republic of China. From 2002-2013, she worked in the Department of Information, Education and Communication of National Population and Family Planning commission (NPFPC).



She earned a PhD in economics from Renmin University of China and has the specialty of Population, Resources and Environmental Economics. She published Rising Sex Ratio at Birth in China: Situation Causes and Solution in 2011. Since 2002, as the project officer of the NPFPC, Dr. CAI engaged in implemented population and family-focused policies.

## Dr. Jotheeswaran Amuthavalli Thiyagarajan,

#### Technical Officer, World Health Organization,

Dr A.T.Jotheeswaran is a trained psychiatric epidemiologist. He is part of an International Dementia Research Network. He has ten years of experience in conducting large population based studies in LAMIC. In 2005, Subsequently (2009), he received the Welcome Trust Doctoral fellowship from Public Health Foundation of India to pursue Ph.D. in Epidemiology at London, UK. Recently, he was awarded a WT/PHFI Career Development Fellowship. He has 19 publications in international peer reviewed journals. He played an active leadership role in developing



WHO-COPE intervention guide. He is a member for WHO Frailty and sarcopenia Knowledge group. His future research agenda includes development and evaluation of m- health platform and implementation and evaluation of care programs at district level using theory of change.

#### DR. JOE THOMAS

#### **Executive Director, Partners in Population and Development**

Dr. Joe Thomas (MSc. PhD) is an outstanding global leader with excellent advocacy and representational skills in the areas of Public Health, Population and development.

As the director of PPD, he provides leadership and is the representative voice of the 26 governments of the global south on sexual and reproductive health, family planning, gender, equity, and rights and population dynamics. He is the founding director of Jodhpur School of Public Health (JSPH) at the Jodhpur National University in India, where, as



the Professor of Public Health he taught and supervised several masters and PhD students in Public Health.

# DR. NAZRUL ISLAM Program Manager, Partners in Population and Development

Dr. Md. Nazrul Islam obtained his PhD degree from the University of Mysore and received his post-graduate degree in Political Science from the University of Dhaka.He is working as a Program Manager in PPD secretariat for last six years.



Dr. Islam worked as Coordinator-Private Healthcare in RTM International (formerly JSI Bangladesh). in Bangladesh .Dr. Islam provided technical assistance to the Ministry of Health and Family Welfare, Government of Bangladesh to formulate policy guidelines and curricula for introducing different medical courses in Bangladesh. He worked as Adjunct Faculty of Master in Development Studies in East West University-Banglad

For more information: http://partners-popdev.org/ageing/