

# Reducing the barriers to family planning and maternal health

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## Barriers to voluntary family planning

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- Prices are too high.
- Outlets are unreachable.
- Medical rules that have no evidence base.
- Misinformation about contraception.
- Community workers are not permitted to provide contraceptives.
- Method choices are limited.
- Government health services are often not adequate.
- Private sector providers are not included.
- Pills are on prescription for reasons not evidence-based.
- EC using existing birth control pills: No one has bothered to inform most women.
- Safe abortion is hard for poor women to obtain.
- Advertising about family planning isn't allowed.
- Religions constrain providers.
- Mothers-in-law are in charge.
- Young brides lack power.
- Unmarried young females are excluded from services.

