Millions in Global South are facing shortages of doctors, nurses, healthcare personnel, services and functional facilities.
THE PROBLEM – A REGION IN CRISIS

Millions in Global South are facing shortages of doctors and healthcare facilities
Today in Global South, we have some very serious challenges in the health delivery sector and are being barely touched by the current health delivery system. It’s time for a shift, a shift in attitude, culture & belief, to implore an unwavering commitment to building sustainable healthcare institutions, platform and pathways that create value, growth and impact in our communities especially those in the remotest of areas. As Thomas Health, we are focusing on building a model of healthcare delivery that serves everyone, everywhere using innovative health technologies.

DR ALLAN T NHAPI
THE PROBLEM – A LOOK AT SOME NUMBERS

- Average life expectancy at birth: **64.5**
- Maternal mortality per 100,000 in 2022: **525**
- Malaria deaths in 2020: **602,000**
- Of people living with HIV worldwide are in Africa: **67%**
- Rate of anemia in children aged 6-59 months: **60.2%**
- One child out of four suffers chronic malnutrition: **25%**
Southern Africa suffers from several developmental challenges ranging from housing and sanitation, unemployment through to insufficient medical specialist services.
The consolidated health system performance score for the African Region is 0.49, which means that health systems are only functioning at a possible 49% of their achievable level of performance.

There is wide variation in system performance across the Region, with the consolidated score ranging from 0.26 to 0.7. This implies that the best performing system in the African Region is only performing at 70% of what is feasible.

However, most of the countries 41 out of 47 performance ranges from 0.4 to 0.6, a rather narrow performance range.

Proxy variable attributes used to monitor and analyze the performance of health systems in Southern Africa
THE PROBLEM - AFRICA’S INCREASING HEALTH CHALLENGES

The number of overweight children under 5 has increased by nearly 24% percent since 2000.

The prevalence of overweight and obesity among adults in the WHO African region by sex between 2010 and 2026.
The Thomas Health concept is built on a four-component knowledge transfer ecosystem covering seven key health system investment areas that drive the mission for universal health coverage in the region.
Tangible services providing the essential services:

1. Health workforce training
2. Health provision & research infrastructure
3. Medical products & technologies.

Intangible systems supporting the use of tangible services:

4. Health service delivery systems
5. Health governance
6. Health information and data
7. Health financing and enterprise.